**CAT 6 October Morning Class**

**Trainee Name:**

**Registration Number:**

**Instructions:**

**Please read all questions carefully and make sure you understand the question before you begin answering**

**Time 1 hour**

**Short Answer Questions**

1. State whether True or False (2mrks)
2. Repositioning should be done 3-4 hourly
3. Unconscious Patient can be put in Fowler's position during oral care
4. Trendelberg position helps in management of cardiac diseases
5. Lithotomy position is for gynecology procedure
6. Explain the effects of hot and cold application on the blood vessels (2mks)
7. Explain 3 precautions to observe during hot and cold applications (3mks)
8. Differentiate between dignity and respect (2mrks)
9. Give 3 roles of a caregiver (3mrks)
10. Outline 4 standard ways of breaking the chain of infection transmission (4 mrks)
11. Explain 3 types of bed making in a hospital set up (3 mrks)
12. Explain 2 measures that can be used to ensure infection prevention (2mrks)
13. Give three causes of mental health? (3 mrks)
14. State 3 barriers of communication and how they can be resolved(3mrks)
15. What should you consider when formulating a personal development plan (5 marks)
16. Explain 2 ways of managing a diabetic patient (2mrks)
17. State and explain 2 conditions affecting the nervous system (2mrks)
18. Explain the procedure for oral care (6 mrks)